

Trip Hazards Do's and Don'ts

Common causes of slips, trips, and falls include:

- Messy, cluttered work areas
- Tools, materials, cords, and other items lying on the floor in places where people walk
- Poor visibility caused by inadequate lighting or burned-out bulbs
- Not watching where you're going or carrying something you can't see over
- Running or walking too fast
- Spills and wet floors
- Open drawers (a not-so-obvious trip hazard!)
- Uneven, defective flooring, worn stairs, or worn spots in carpets that nobody has reported or fixed
- Failure to use handrails when going up or down the stairs
- Not enough caution on ladders
- Wearing shoes that are not appropriate for the work space or the job



Trip Hazards Do's and Don'ts

Eliminate Trip Hazards

Many fall injuries occur on level ground when people trip over unexpected objects in their path. Help eliminate trip hazards by training employees to follow these do's and don'ts.

Do:

- Keep work areas neat and tidy, putting tools, materials, and other items away after use.
- Pick up items off the floor, even if they didn't put them there.
- Step over or around obstructions, not on them.
- Walk slowly and change directions slowly, especially when carrying a load.
- Watch for changes in floor level—such as a few steps or a ramp up or down.
- Report lighting problems, such as burned-out bulbs, to maintenance right away.
- Use a flashlight if they need more light leaving the facility in the dark.

Don't:

- Don't leave boxes, bags, tools, or other materials on the floor.
- Don't block walkways with hand trucks, equipment, or materials.
- Don't leave cords or cables in walkways.
- Don't place anything on stairs.
- Don't leave drawers open.

This week's safety slogan: Safe Actions Bring Lasting Satisfaction
Last week's safety slogan: Safety is like a lock-you are the key



B-SAFE Color Code: PINK

Safety Bingo Numbers for Week of: 3-9-12	B3	B6	B7	S25	A34	F56	E62
Safety Bingo Numbers for Week of: 3-16-12	B2	B14	S20	S29	F46	F60	E68
Safety Bingo Numbers for Week of: 3-23-12	B4	A31	A32	A37	F53	F59	E63
Safety Bingo Numbers for Week of: 3-30-12	B9	S28	A39	A44	F50	F58	E71
Safety Bingo Numbers for Week of: 4-6-12	B1	S16	S24	S30	A33	A41	E65
Safety Bingo Numbers for Week of: 4-13-12	B13	A40	F47	F48	E67	E70	E75
Safety Bingo Numbers for Week of: 4-20-12	B8	S17	A38	F54	F57	E72	E74
Safety Bingo Numbers for Week of: 4-27-12	B12	S18	S23	S26	F52	E61	E64
Safety Bingo Numbers for Week of: 5-4-12	B11	B15	S22	A45	F55	E69	E73